



2011 Spring CERT Training

March 30—May 11, 2011

Wednesdays from 6:30– 9:30 PM

Cost: \$25

March 30: Shoultes Station 62

April 6: Sunnyside Station 66

April 13: Station 63

April 20: Sunnyside Station 66

April 27: Shoultes Station 62

May 4: Sunnyside Station 66

May 11: Final Exam/Drill— TBA

Locations

Marysville Fire District

Shoultes Station 62	Sunnyside Station 66
10701 Shoultes Rd	7217 40th St NE
Marysville, 98271	Marysville, 98270

Required Equipment

Disposable latex gloves	Respirator (dust mask)
Leather gloves	Safety glasses/goggles
Hard Hat	Whistle
Reflective Vest	Travel backpack/duffel

The above items can be purchased online or at stores such as Fred Meyer, Ace, Home Depot, etc. **You will need the above items by the 2nd week of class.**

Websites for CERT Gear and Preparedness Kits & Supplies:

<http://www.qmuniforms.com/>
<http://getreadygear.com/>
<http://www.RiteintheRain.com>
<http://preparessmart.com>

Course Outline

Unit 1: Disaster Preparedness

Unit 2: Fire Safety

Unit 3: Light Search & Rescue

Unit 4: Medical Operations 1

Unit 5: Medical Operations 2

Unit 6: Disaster Psychology & Team Organization

Unit 7: Disaster Drill/Exam



Community Preparedness

Who can take CERT training?

Anyone over the age of 16 who is capable of physically helping someone in the event of an emergency; especially community organizations, communities of faith and other groups that come together for a common purpose. CERT skills are useful in everyday events and in disaster situations.

How do I get started?

To become a CERT member, you will have to take the CERT training from a sponsoring agency such as an emergency management agency or a fire or police department in the area where you live or work. See reverse panel for registration.

People who go through CERT training have a better understanding of the potential threats to their home, workplace and community and can take the right steps to lessen the effects of these hazards on themselves, their homes and their workplace.

What is my Commitment?

We understand that life happens. If you miss a class it is your responsibility to find another CERT class & make up your missed class. There is a \$25 registration fee and required equipment (see panel to left).

For more info about CERT visit:

https://www.citizencorps.gov/cert/training_mat.shtm

2011 CERT Registration

Registration deadline:
March 23, 2011

Name: _____

Address: _____

City, State: _____

Zip: _____ Phone: _____

Email: _____

Occupation: _____

Method of Payment

- Check enclosed
 Visa MasterCard

Card #: _____

Expiration Date: _____

Signature: _____

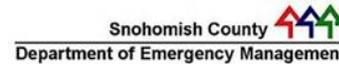
Note: Payments should be made out to "Lake Stevens Fire"

I understand that the course fee of \$25 is nonrefundable and will be used to cover minor costs of running the course. I acknowledge that a simple background check will be performed on me prior to Mar 30.

Signature: _____

Date: _____

Detach and Mail to:
Lake Stevens Fire
Attn: Alison Caton
1825 S. Lake Stevens Road
Lake Stevens, WA 98258



Partnering for fire and life safety in our communities!

A simple background check will be performed on all participants.

For more information contact:

Chris Badger, Arlington Fire
360.403.3618 or cbadger@arlingtonwa.gov

Alison Caton, Lake Stevens Fire
425.212.3062 or acaton@lsfire.org

Kristen Thorstenson, Marysville Fire
360.363.8507 or kthorstenson@marysvillewa.gov

Jim Haverfield, Granite Falls Fire #17
360.691.5553 or jim.haverfield@gffd17.org

Bob Dolhanyk, City of Marysville
360.363.8323 or bdolhanyk@ci.marysville.wa.us



What is CERT?

CERT is about readiness, people helping people, rescuer safety, and doing the greatest good for the greatest number.

CERT is a positive and realistic approach to emergency and disaster situations where citizens will be initially on their own and their actions can make a difference.

Through training, citizens can manage utilities and put out small fires; treat the three killers by opening airways, controlling bleeding, and treating for shock; provide basic medical aid; search for and rescue victims safely; as well as organize themselves and spontaneous volunteers to be effective.

Joint CERT Program

Lake Stevens Fire	Granite Falls Fire
Arlington Fire	City of Marysville
Marysville Fire	DEM